



# **New Materials? The benefits of specifying organic, natural materials**

## **Natural Fibre Insulation**

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# NATURAL FIBRE INSULATION GROUP

*An industry collaboration to better communicate the benefits of natural fibre insulation products and systems*



# Group activities

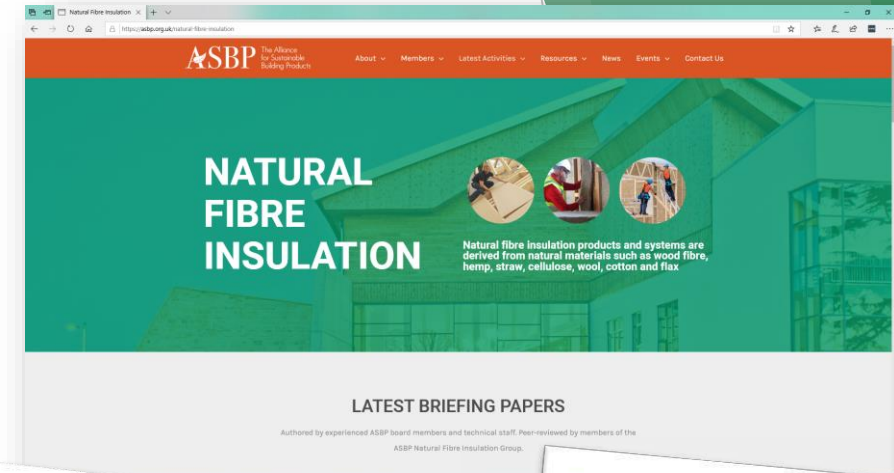
## Education, training and events

### CPDs/events/trade shows

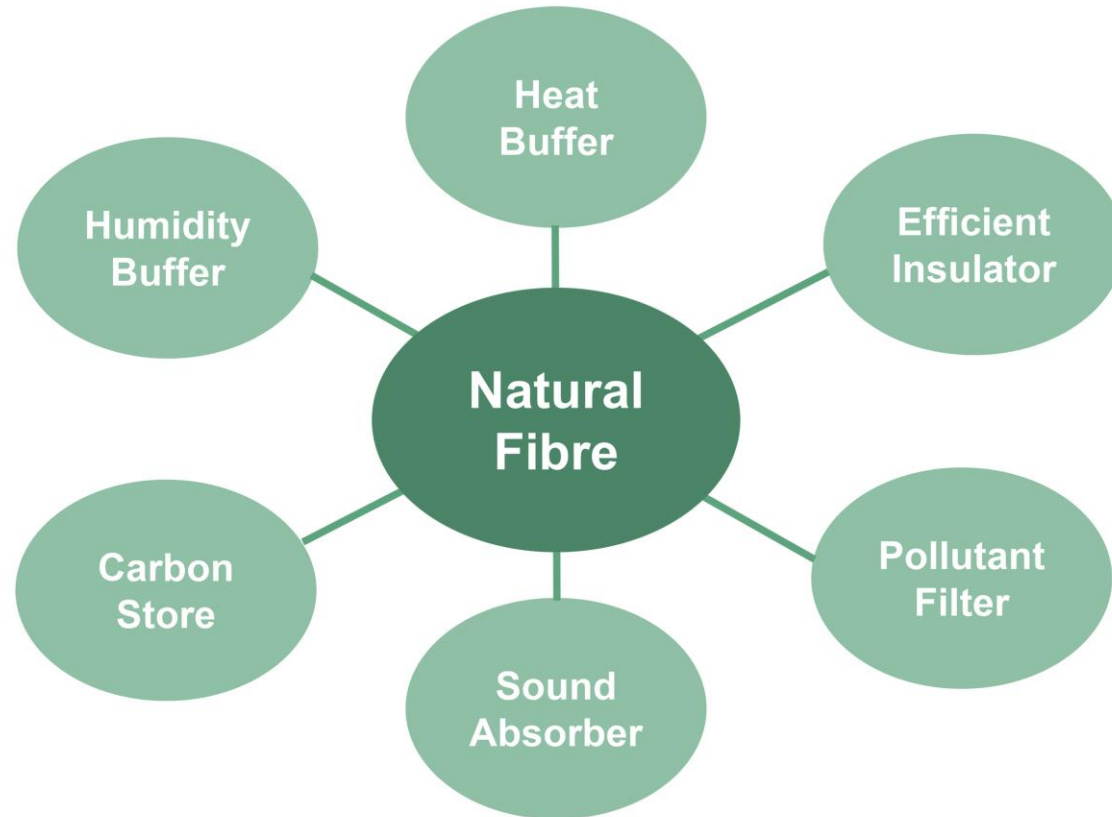
- Developed a CPD - 'An introduction to natural fibre insulation'.
- Regular appearances at trade shows such as Futurebuild, Timber Expo/UK Construction Week.

### Briefing papers

- 3-part series on Environmental Product Declarations (EPDs)
- The multiple roles of insulation
- An introduction to breathability
- Health and wellbeing benefits of natural fibre insulation products and systems



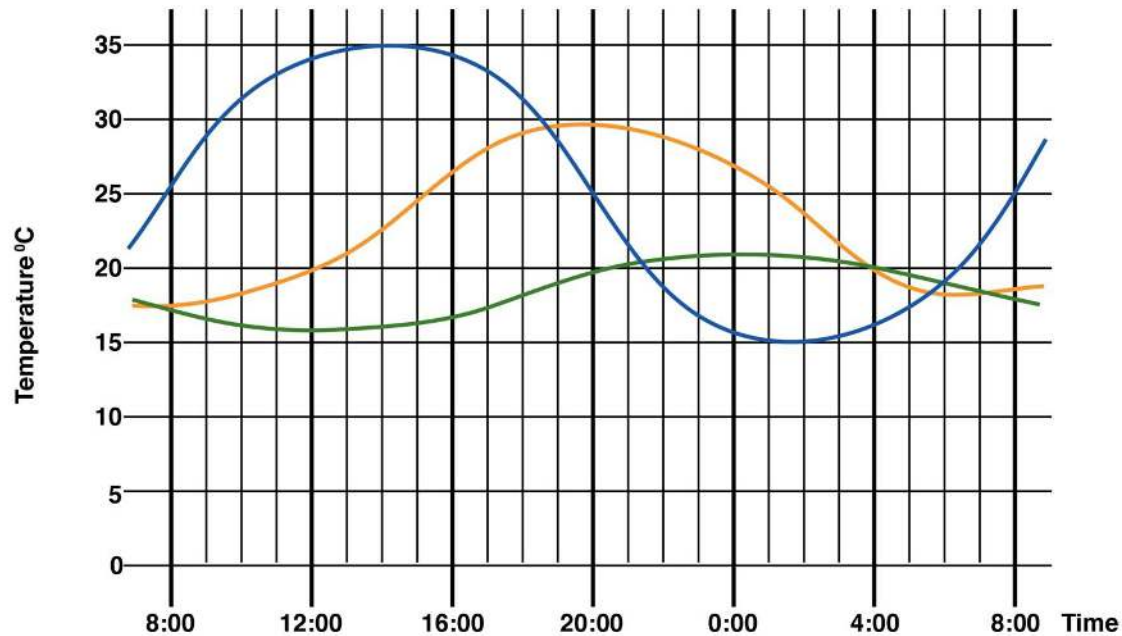
# Natural fibre...



**...makes ideal insulation**

# Heat Buffer

Daily Temperature Profile with various insulations



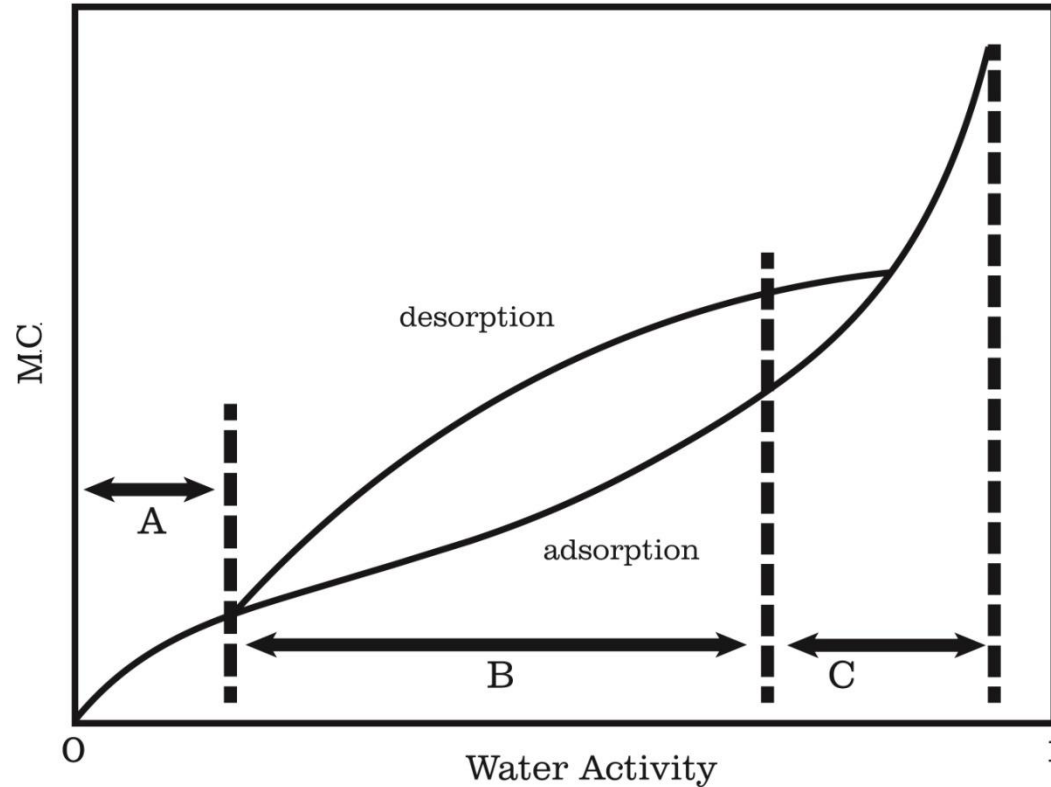
Temperature under the roof covering

Internal room temperature with mineral wool

Internal room temperature with wood fibre insulation

- ▶ Eat buffering shifts frequency of heat cycles out of phase.
- ▶ Wood fibre - heat maximums out of phase by 12hrs = **12hr phase shift**.
- ▶ Mineral wool - heat maximums out of phase by 6 hrs = **6 hr phase shift**
- ▶ Achieved by:
  - ▶ Higher density
  - ▶ Higher specific heat capacity
  - ▶ Low thermal conductivity

# Moisture Buffer



**A** – strongly bound

**B** – less strongly bound

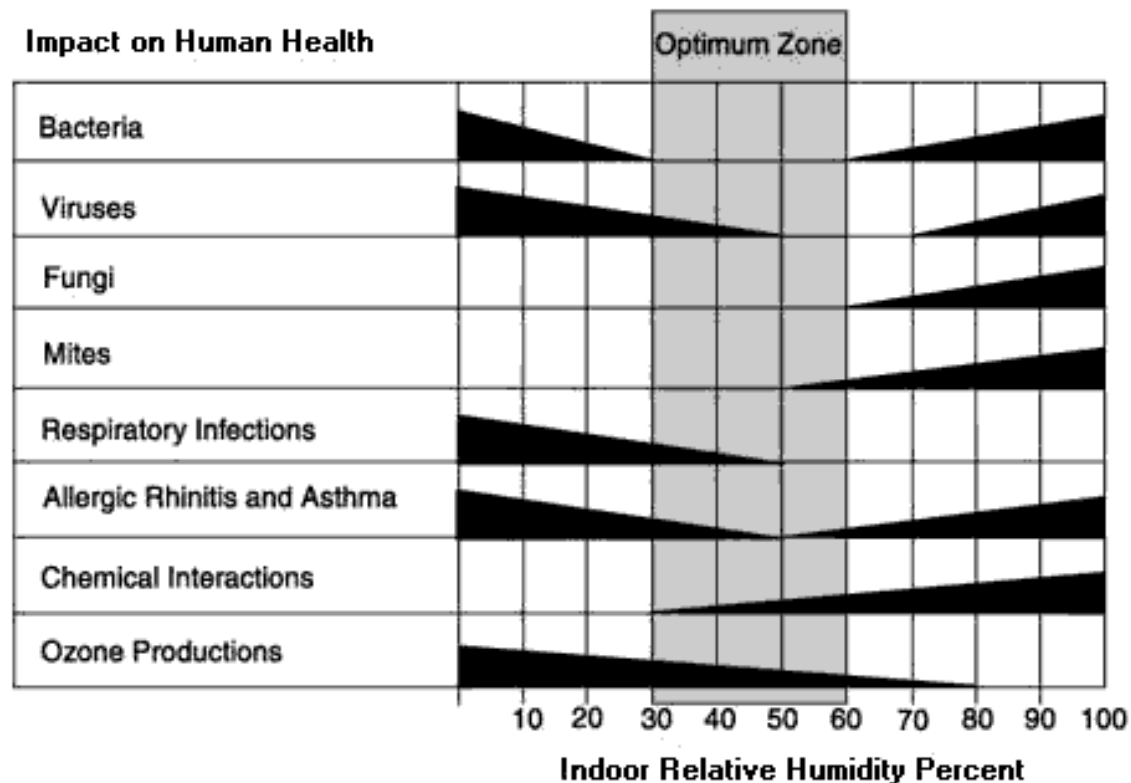
**C** – free water

**Zone B** is the humidity buffering zone



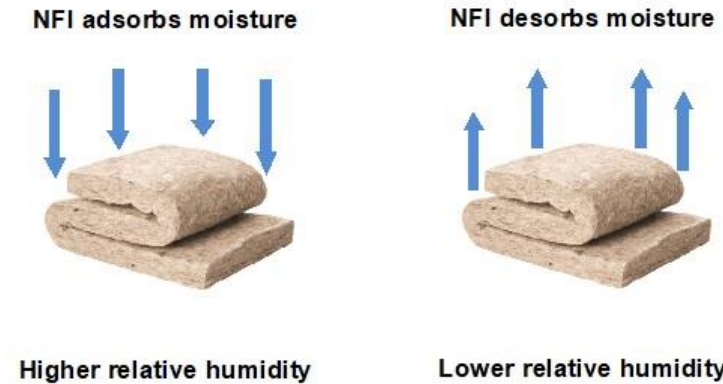
# Humidity Regulation

- ▶ Moisture can cause health problems and damage the building fabric
- ▶ Breathable materials help keep humidity within the optimum zone for human health.
- ▶ Breathable materials bind moisture in a harmless way.

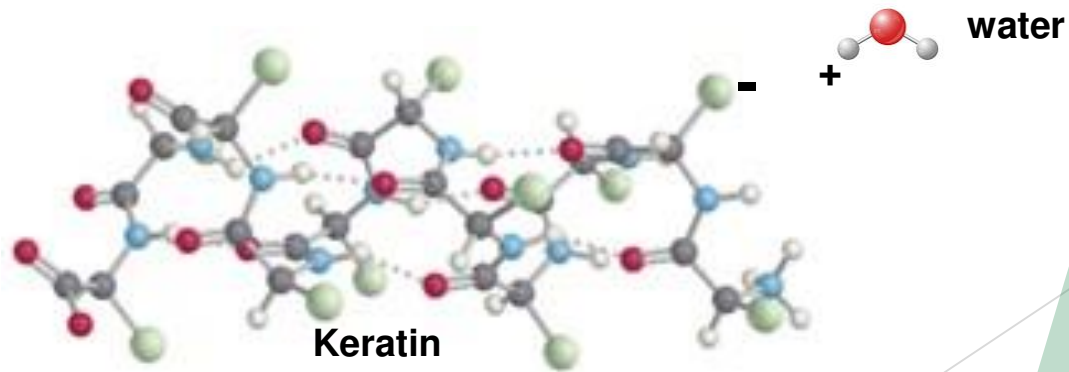


# Breathable Natural Fibre Insulation

- ▶ Adjusts its moisture content to be in balance with surrounding humidity. Adjusts surrounding humidity to be in balance with its moisture content.



- ▶ Is able to bind water molecules in a harmless way.



- ▶ Is vapour open



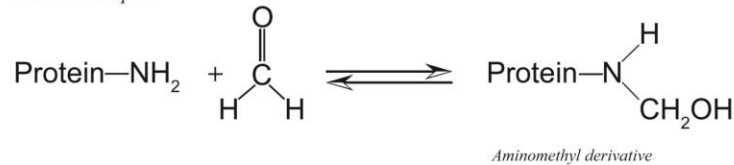
# Low VOC's

Parameter	3 Day			28 Day		
	Thermally Bonded Sheep's Wool	Thermally Bonded Flexi Wood Fibre	AgBB Requirement	Thermally Bonded Sheep's Wool	Thermally Bonded Flexi Wood Fibre	AgBB Requirement
TVOC	< 0.01 mg/m <sup>3</sup>	2.0 mg/m <sup>3</sup>	≤ 10 mg/m <sup>3</sup>	< 0.01 mg/m <sup>3</sup>	2.0 mg/m <sup>3</sup>	≤ 1 mg/m <sup>3</sup>
CMR Substances	< 1 µg/m <sup>3</sup>	<1 µg/m <sup>3</sup>	≤ 10 µg/m <sup>3</sup>	< 1 µg/m <sup>3</sup>	<1 µg/m <sup>3</sup>	≤ 10 µg/m <sup>3</sup>
Formaldehyde	< 0.01 mg/m <sup>3</sup>	< 0.01 mg/m <sup>3</sup>	-	< 0.01 mg/m <sup>3</sup>	0.019 mg/m <sup>3</sup>	≤ 0.12 mg/m <sup>3</sup>

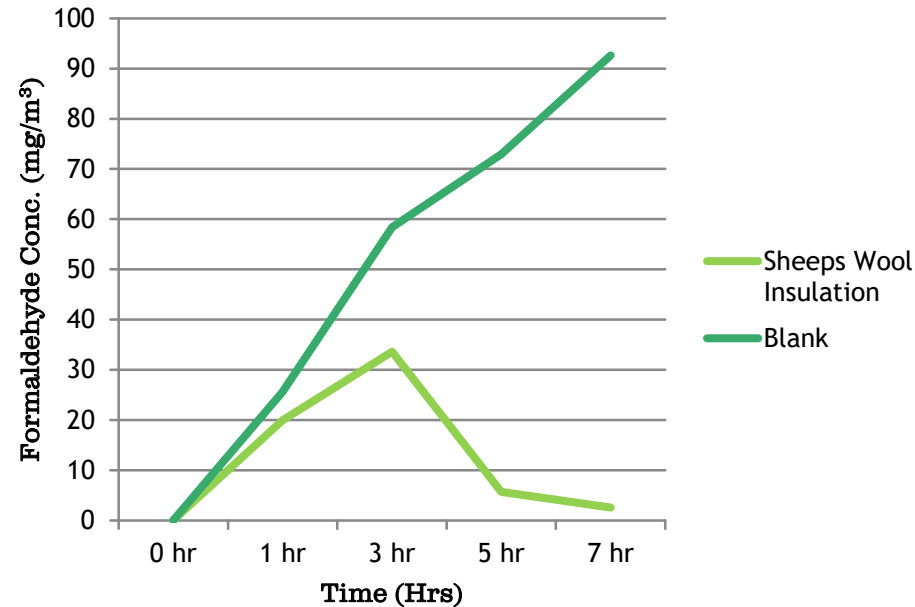
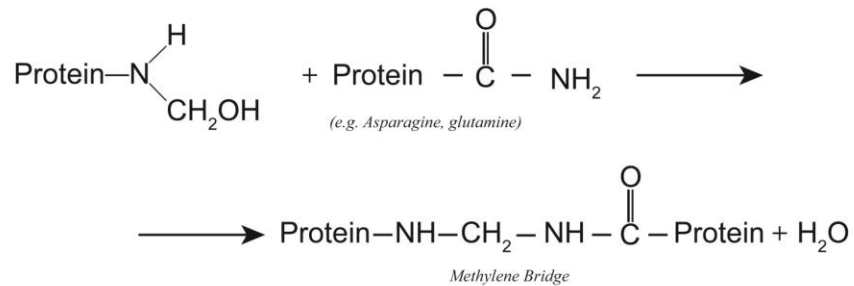
Parameter	Wood Fibreboard (under floor)			
	3Day	AgBB Requirement	28 Day	AgBB Requirement
TVOC	0.52 mg/m <sup>3</sup>	≤ 10 mg/m <sup>3</sup>	0.02 mg/m <sup>3</sup>	≤ 1 mg/m <sup>3</sup>
CMR Substances	< 1 µg/m <sup>3</sup>	≤ 10 µg/m <sup>3</sup>	<1 µg/m <sup>3</sup>	≤ 10 µg/m <sup>3</sup>
Formaldehyde	< 0.01 mg/m <sup>3</sup>	-	0.003 mg/m <sup>3</sup>	≤ 0.12 mg/m <sup>3</sup>

# Formaldehyde Reduction - Sheep's Wool Insulation

Reaction Step 1:



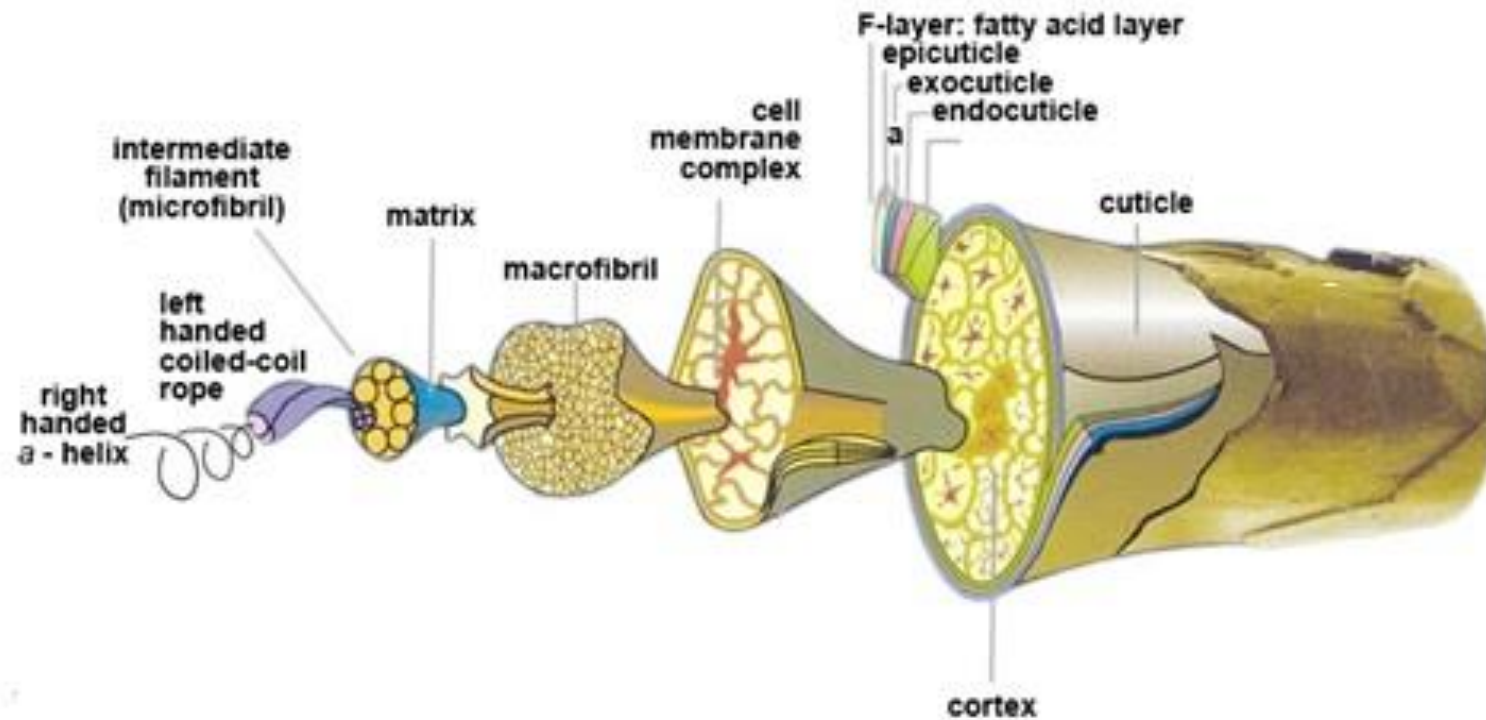
Reaction Step 2 (condensation):



- ▶ Sheep's wool achieved a reduction from 90 mg/m<sup>3</sup> to <3 mg/m<sup>3</sup> Formaldehyde in 7 hrs with 10-15% desorption.
- ▶ Similar tests by WRONZ achieved reduction from 7mg/m<sup>3</sup> to <0.1mg/m<sup>3</sup> in 45 mins with no recorded desorption.

# Acoustic Absorption

- ▶ Irregular shape, structure, texture and density of natural fibres help disrupt sound waves and reduce noise.
- ▶ Provides effective sound insulation at relatively low density.



Sign up to our newsletter, download briefing papers and see our conference presentations at:

[www.asbp.org.uk](http://www.asbp.org.uk)



The Alliance  
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